

## Waukesha County Nutrition Coalition Minutes

April 23, 2024

Location: La Casa de Esperanza

**Attendance:** *Judith Amorsen- Eras Senior Network; Michael Egly- Food Pantry of Waukesha County; Marissa Hartzell- The Women's Center; Lisa Topp- Waukesha County WIC; Chloe Bingenheimer- Community Smiles Dental; Kayla Kasprzak- IMPACT 211; Judy Rintelman -Eagles Wing Free Clinic; Shanna Krause, Bethzaida Perez, Maggie Carrasquillo- La Casa de Esperanza Early Head Start; Ellen Kind- Waukesha Head Start; Courtney Klepp- Waukesha County ADRC; Kara White- Community Action Coalition for South Central Wisconsin; Soraya Bericoto- Hispanic Health Resource Center/Wisconsin Well Woman Program- ProHealth Care; Jill Herz- UW-Madison Extension FoodWise; Jessica Kapsos- Hebron House (Siena House).*

### **Coalition Updates- Michael Egly:**

The next WCNC meeting will be at the Women's Center on June 25 at 9 am, with a presentation from Community Medical Services (CMS). The remaining schedule for the year is as follows:

August 27 at 9 am- at Waukesha County WIC, with a presentation on the WIC program

October 22 at 9 am- at Community Action Coalition, with a presentation on Safe and Stable Housing Program

**Food Recovery Updates- Michael Egly:** The Food Pantry has fresh produce boxes to share from the TEFAP Program (the emergency food assistance program); please reach out. For any coalition member: the Food Pantry of Waukesha County has received a large donation of disposable plates. If you need any, please reach out.

### **Agency Updates:**

**La Casa de Esperanza- Shanna Krause, Maggie Carrasquillo, Bethzaida Perez:** La Casa de Esperanza has been providing services in the community since 1966. La Casa has had Early Head Start since 2010, and the Charter School since 2015, serving K4-8<sup>th</sup> grade. Other services include the weatherization program, the La Casa Village for seniors, and the center for financial stability which assists with first-time home buyers, taxes, job interviews, etc. EHS is short-staffed, and there is a waiting list for kids to be in the center-based program. Should be at full enrollment soon. Just renewed grant for 5 more years. La Casa EHS has a Health Advisory Committee, which helps them to be compliant with health requirements. La Casa is looking for additional community members to be part of the health advisory team (meets quarterly) and policy council (meets monthly). Please reach out to if you are interested: [mcarrasquillo@lacasadeesperanza.org](mailto:mcarrasquillo@lacasadeesperanza.org). La Casa is hosting a Health Fair in the fall; more info to come.

**Waukesha County Head Start- Ellen Kind:** Ellen will be retiring this month, so another Head Start representative will attend future meetings. Head Start is busy enrolling for next year and enrollment is looking good.

**Extension Waukesha County FoodWise- Jill Herz:** FoodWise has been busy with spring grant season, renewing our two federal grants and planning for the coming year. Educators are busy finishing up in-school programs before the end of the school year. The team is planning for summer programs, including outdoor programs such as parks and garden programs. Starting up some new senior programs this spring and summer, including Strong Bodies (strength-training and nutrition) programs for seniors, and some senior nutrition series.

**Waukesha County ADRC- Courtney Klepp:** Courtney is Health Promotions Coordinator. The ADRC will be working on Senior Farmers Market Voucher distribution, reaching out to different sites around the county. The distribution starts on June 1. Have participated in Strong Bodies training in order to reach more sites in Waukesha County with these strength-training programs.

**Hispanic Health Resource Center/Wisconsin Well Woman Program- ProHealth Care- Soraya Bericoto:** Providing the community with health programs for all ages. Provides breast and cervical cancer screening. Services are available for all in need, not just Hispanic community. Received a grant related to dementia that provides resources in Spanish, including a workshop where families participate in fun activities together, a support group for dementia, memory screening. This is the second year that they will have a conference for caregivers (in Spanish). Offering Strong Bodies in Spanish for seniors and will host another one for adults. Also offering prenatal classes at the hospital. Shared flyers with the group.

**IMPACT 211- Kayla Kasprzak:** IMPACT 211 provider for southeastern Wisconsin. Preparing for seasonal programs, such as farmers markets, summer meal programs, senior vouchers. Kayla will send the Waukesha County call data to the WCNC list with the minutes. As a summary, top food needs were food pantries, FoodShare, and meal sites. Top service requests were mental health crisis lines and talk lines. 10,000 calls in Waukesha from 2023. Top zip codes were 53186, 53188, Menomonee falls, and Oconomowoc. Community shelters, gas money, motel vouchers were the top unmet needs. Gas cards essentially “do not exist” ... agencies might have a handful on a case-by-case basis. Shelter and mental health needs were priority over food needs.

**Community Smiles Dental- Chloe Bingenheimer:** The two development positions have been filled. The Laugh for a Smile event happened last month, and it was very successful. Not much new on the clinic side; both clinics are operating at capacity. Hiring a hygienist; please refer if you know someone.

**Jessica Kapsos- Hebron House (Siena House):** Jessica is the new case manager at the Siena House, which is the shelter for single men. Housing 22 males on a daily basis.

**Kara White- Community Action Coalition for South Central Wisconsin:** The Community Action Coalition serves Waukesha, Dane and Jefferson counties. Manages the food bank and delivers the food to food pantries. Once delivered to the Food Pantry to Waukesha County, other agencies come and pick up. Overseeing community mental health classes, including mental health for nurses and also facilitating attendance of 80 people at Mental Health First Aid classes through a grant. Providing Financial Literacy classes at Waukesha Business Alliance, including Credit class in May and a Fraud class in June. Will share flyer with the WCNC minutes.

**Eras Senior Network- Judith Amorsen:** Serves Waukesha County seniors and adults with disabilities. Annual fundraiser is this Thursday, busy preparing for that.

**Waukesha County WIC- Lisa Topp:** Celebrating 50<sup>th</sup> anniversary at WIC. Lisa will be presenting next time and can explain more about the impact of WIC. Recently found out that WIC will be able to maintain the elevated fruit and vegetable amount given. Starting Farmers Market checks again; now every individual in the family can receive checks. Hiring for 2 administrative positions, one full time, one limited/part time.

**Eagle’s Wing Free Clinic- Judy Rintelman:** At the last meeting, we were discussing low census at the clinic. At the March board meeting, decided to close the clinic in Mukwonago. Looking for other avenues/locations to relocate. It was not feasible to continue at that location with just a couple of patients each month. Looking at a church in Muskego currently. Have used ProHealth’s Well Woman program and referred people to it before.

**Food Pantry of Waukesha County- Michael Egly:** Stamp Out Hunger post office drive is May 11, 2<sup>nd</sup> Saturday of the month. This is the biggest food drive of the year which will help to replenish shelves. Will be having a fundraiser event on May 18. Hiring a new FoodShare Outreach position- not posted yet but will be going up at “jobs that help.” The pantry has seen increasing numbers, lots of newly arrived immigrants. Often they come to the food pantry as soon as they arrive. Bilingual position will be important for future.

**The Women’s Center- Marissa Hartzell:** Continuing with large events and luncheons; luncheon taking place tomorrow. Wednesday Workshop is on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of the month.

**Emailed update: Waukesha Free Clinic- Rosa Zibell:** Fundraising gala for the Waukesha Free Clinic will be May 31 at 6:00 at the Brookfield Conference Center. Patient census has been increasing.

**Next Meeting: June 25, 2024 at 9AM**  
**The Women's Center**  
**Presentation: Community Medical Services (CMS)**